



# RULE BOOK

**“WINGS FOR LIFE WORLD RUN APP RUN”**

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## **Section 1 – Basic Regulations**

### **1.1. Description of the Event**

The Wings for Life World Run App Run (the “Event”) is made up of multiple simultaneous road running races around the world and/or individual App Runners (each an “Event Location”). All Participants, in all Event Locations, regardless of age, or gender will start at the same time (11.00 a.m. UTC on May 5, 2019). There is no set race distance, time, or finish line. The finish for all Participants will be reached when each Participant is overtaken by the virtual Catcher Car that will be activated on the same time via the Wings for Life World Run App.

At exactly 11.30 a.m. UTC, the virtual Catcher Car will cross the start line and drive the virtual Race Track. Over time, the virtual Catcher Car will increase pace simultaneously until the final Participant is passed and a global winner is declared. (See chart below for details regarding the pace of the Catcher Car). The overall winners of all races worldwide will be the final female and final male Participant who covers the greatest distance before being passed by the Catcher Car.

11:00 UTC – Race Start

11:30 UTC – Catcher Car Starts on Course – Pace: 14 km/hr (8.69 miles/hr)

12:00 UTC – Pace Increase: 15 km/hr (9.32 miles/hr)

12:30 UTC – Pace Increase: 16 km/hr (9.94 miles/hr)

13:00 UTC – Pace Increase: 17 km/hr (10.56 miles/hr)

13:30 UTC – Pace Increase: 18 km/hr (11.18 miles/hr)

14:00 UTC – Pace Increase: 22 km/hr (13.67 miles/hr)

14:30 UTC – Pace Increase: 26 km/hr (16.15 miles/hr)

15:00 UTC – Pace Increase: 30 km/hr (18.64 miles/hr)

15:30 UTC – Pace Increase: 34 km/hr (21.12 miles/hr)

### **1.2. Description of the Track**

In order to take part in the event each Participant needs to run or move in a wheelchair outside (nature). Each participant has to make sure that his or her phone is connected to a GPS signal. Every Participant needs to run a minimum of 500 m lap to achieve a correct result.

### **1.3. Participation / Minimum Age**

The Event is open to all individuals who are at least 18 years of age or older on race day. Organizer will reserve the right to require proof of age and identity for any Participant. To participate in the Event you need have activated and running the lasted App-Version of the Wings for Life World Run App on your mobile-phone.

For the Event, only the usage of “everyday life” wheelchairs is allowed; such wheelchairs are specified as follows: It is moved manually by its user by pushing the handrims with the hands (no sticks are allowed). It must have two big rear wheels in the back (20”-26”), two small wheels in the front (3”-7”), two push rims, and two brakes. The diameter of each push rim can only be 15% smaller than the diameter of rear wheel rim. It can be a folding or a rigid/non-folding wheelchair. The weight of the chair needs to be between 7 and 25 kg and the user needs to sit in an upright position (90 degrees). It is strongly recommended for Tetraplegic people to have an anti-tipper. The disposition of the rear wheel has to be between 0°- 8°.

Participants will be divided into male and female categories in each race as well as in age groups for information purposes.

By participating in the Event, the Participant represents that he or she does not have any condition that would prevent him or her from safely participating in the Event or would pose a present risk to others in his or her doing so. It is also recommended that any Participant participating in the Event should consult his or her medical practitioner prior to participation. Furthermore, each participant agrees that he or she is not otherwise prohibited from participating in the Event for any reason.

## **Section 2 – Event**

### **2.1. Organized App Runs**

Beside taking part as an individual App Runner anywhere each Participant has the possibility to take part in an Organized App Run which will take place on various places at the same time by registering via the Wings for Life World Run App ([www.wingsforlifeworldrun.com](http://www.wingsforlifeworldrun.com)). For further information, please visit the website [www.wingsforlifeworldrun.com](http://www.wingsforlifeworldrun.com) or see Organized App Run Locations in the App.

### **2.2. Execution of the Race**

The following rules apply to the Wings for Life World Run: the official start time at all Event Locations around the world will be 11.00 a.m. UTC on May 5, 2019. (e.g.: UK will start at 12:00 local time; Germany will start at 13:00 PM local time, USA Florida will start at 7:00 AM local time, Taiwan will start at 7:00 PM local time, etc.).

A Participant will finish when the virtual Catcher Car passes him or her. Results will be ranked in finish order by distance, NOT by time.

Any questions to the Organizer should be made in writing within 24 hours of the start of the race and should be sent to the following address: [results@wingsforlifeworldrun.com](mailto:results@wingsforlifeworldrun.com). All decisions of the Organizer (Race Management) are final and binding.

Subject to the Terms of Participation, the Organizer reserves the right to change the details of the Event, such as the date, start time, Race Track, distance and/or amenities offered in connection with the Event.

All rules are subject to changes. Please check for online announcements on [www.wingsforlifeworldrun.com](http://www.wingsforlifeworldrun.com) as well as this Rule Book on a regular basis for more details. If specifically requested via the contact form by the user, the Organizer shall endeavour to e-mail such information as reasonably practicable.

### **2.3. Determination of the Results**

For the Event, there will be a results list per race as well as a single global results list available following the race at [www.wingsforlifeworldrun.com](http://www.wingsforlifeworldrun.com).

Results for each race and global will be organized as follows:

- a) Overall Men and
- b) Overall Women
- c) Men and Women by age categories (for informational purposes only; no awards are given for age group divisions):  
Women: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.  
Men: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

The Organizer reserves the right to divide the Participants into further groups.

In the case of an exact tie, the Participants will receive the same ranking. In case of an exact tie between award winners, the Organizer will award both such Participants the awards as described in the Terms of Participation (here:

[www.wingsforlifeworldrun.com/terms/terms\\_2019\\_app\\_en.pdf](http://www.wingsforlifeworldrun.com/terms/terms_2019_app_en.pdf))

Organizer reserves the right to disqualify a participant and remove such participant from the Event as set forth in the Terms of Participation.

### **2.4. Disqualification / Removal from the Event**

At any time during the Event, Organizer reserves the right in its sole discretion to disqualify and remove any Entrant for any failure to observe the Terms of Participation or the Rule Book or where applicable any other kind of illegal or inappropriate behaviour, including but not limited to: his/her behaviour at the Event or any Event-related activities at any point is disruptive, may or does cause damage to person, property or the reputation of the Organizer; providing false information on the entry forms; for unsportsmanlike conduct; competing with an unofficial number or device; competing with an official number assigned to another person or from another Event; transferring or attempting to transfer an official number to, or to obtain such number from, another person; being paced during the race by a person not entered in the Event and for medical or safety reasons. In the event that a winning Participant is disqualified, the award will be forfeited and/or may be donated or

awarded to an alternate winner. No refund will be granted to any disqualified Participant for any reason. Individuals disqualified from an Event will be removed from the official results.

## **Section 3 – Event Notes**

### **3.1. Pacing, Communication and Prohibited Items**

No equipment such as strollers, bicycles or inline skates may be allowed on track to aid Participants in any way. **The use of electric wheelchairs or other electric or motor-driven vehicles, mobility devices or aids is forbidden, including for Children and Teenager Competition races.** The Organizer is not liable for any incidents caused by the use of devices such as iPods, MP3 players, radios, cell phones, headphones, or any similar devices. Participants are not allowed to run with friends or family who are not officially registered in the race. Pets are not allowed on the Race Track for safety reasons.

Race Staff is not responsible for any items brought to the Event. Participants should maintain possession of their belongings at all times. The loss, damage, or theft of any items left in changing rooms or common areas are not the responsibility of Race Staff.

### **3.2. Doping Prohibition**

You are prohibited from using any substance for the purpose of enhancing your performance at the Event and are not allowed to use any substance or procedures prohibited by any local laws or the International Association of Athletics Federations (“IAAF”) as published under <http://www.iaaf.org/about-iaaf/documents/anti-doping>. Participants should check with their physician to ensure medication that they are taking is not a prohibited substance. The Organizer reserves the right to ensure compliance with the doping rules.

### **3.3. General**

To the extent permitted by law, Organizer reserves the right to change the Terms and this Rulebook from time to time and such changes will be available on [www.wingsforlifeworldrun.com](http://www.wingsforlifeworldrun.com). In the event of any conflict between this Rulebook and the Wings for Life World Run App Run Terms for Participation, the Wings for Life World Run Terms for Participation shall prevail.

Race Management alone is responsible for enforcing all rules and regulations. Any internal or external images, either still or moving, are not admissible as evidence.

*Updated: October 2018*